



## Enabled Gardens

The Food security and access is a major concern for Guam. Everyone has a responsibility to choose and access nutritious foods for themselves and their family. In the dialogue about food security, consumers are seeking options to fulfill their own food needs, such as gardening and food preservation. Specific to learner-centered activities and the design and use of gardens adapted for people with limited physical abilities, a series of fact sheets, Enabled Gardening On Guam, have been provided for use by Guam citizens. Using established research-based information about gardening basics, such as water demand, plant selection, and management activities, materials were adapted for learners with physical limitations to fully engage in backyard horticulture. With adaptations, more people can participate in family food production for self-sufficiency. Nine fact sheets have been developed to guide the learner through step-by-step instructions to develop, maintain, and harvest from their own gardens.



*If you are interested in learning more about this, reach out to our Extension Professional below:*

**Phoebe Wall**

Extension Associate III

671-735-2090 / [pwall@triton.uog.edu](mailto:pwall@triton.uog.edu)

@uogcnas



1 (671) 735-2080 || 303 University Drive UOG Station, Mangilao, Guam 96923 || [www.uog.edu/extension](http://www.uog.edu/extension)