

## Support Groups for Family Caregivers of Persons with Dementia

# JANUARY 2023 SESSIONS:

### January Training Topic: **CARES® Dementia Advanced Care™ Training and Certification Program**

This January, G/M GWEP TGSS is conducting make-up sessions for the CARES® Dementia Advanced Care™ Training and Certification Program featuring 6 modules:

- (1) Making a Connection with the Person
- (2) Eating Well
- (3) Recognizing Pain
- (4) Minimizing Falls
- (5) Rethinking Wandering
- (6) Minimizing and Eliminating Restraints.

To attend one of our online support groups, please use the following Zoom links:

#### **Wednesday Support Group:**

<https://zoom.us/j/92072878067>

#### **Saturday Support Group:**

<https://zoom.us/j/91243370958>

#### **Or Contact:**

**Dr. Iain Twaddle** or **Nikolas Gutierrez**

(735-2883 / gwep.tgss@triton.uog.edu)

**Rhoda Orallo** (735-3277 / r.orallo@hspguam.com)

#### **Module 1: Making a Connection with the Person**

Wednesday, January 4 (6 pm-8 pm)

#### **Module 2: Eating Well**

Saturday, January 7 (10 am-12 noon)

#### **Module 3: Recognizing Pain**

Wednesday, January 11 (6 pm-8 pm)

#### **Module 4: Minimizing Falls**

Saturday, January 14 (10 am-12 noon)

#### **Module 5: Rethinking Wandering**

Wednesday, January 18 (6 pm-8 pm)

#### **Module 6: Minimizing and Eliminating Restraints**

Saturday, January 21 (10 am-12 noon)

#### **Certification Exam**

Wednesday, January 25 (6 pm-8 pm)  
or Saturday, January 28 (10 am-12 noon)