

Support Groups for Family Caregivers of Persons with Dementia

MARCH 2023 SESSIONS:

Evidence-Based Practical Lifestyle Tips To Gain Neurogenesis and Neuroplasticity in our Daily Lives

Wednesday, March 15 (6 pm-8 pm) or
Saturday, March 18 (3 pm-5 pm)



Dr. Ramel A. Carlos

March Training Topic: **CARES® Dementia Care for Families™ Training and Certification Program**

This March, G/M GWEP TGSS will be continuing the CARES® Dementia Care for Families™ Training and Certification Program including the following modules:

Module 2: Living with Dementia

Wednesday, March 1 (6 pm-8 pm) or
Saturday, March 4 (10 am-12 noon)

Module 3: Using the CARES® Approach

Wednesday, March 8 (6 pm-8 pm) or
Saturday, March 11 (10 am-12 noon)

Module 4: Keys to Success with CARES®

Wednesday, March 22 (6 pm-8 pm) or
Saturday, March 25 (10 am-12 noon)

**GUAM / MICRONESIA GERIATRICS WORKFORCE
ENHANCEMENT PROGRAM**
TELEHEALTH GERIATRIC SUPPORT SERVICES

**Support Groups for Family Caregivers
of Persons with Dementia**

MARCH SCHEDULE

Week 1:

Wednesday, March 1 (6 pm-8 pm)

Saturday, March 4 (10 am-12 noon)

CARES® Dementia Care for Families™

Module 2: Living with Dementia

Week 2:

Wednesday, March 8 (6 pm-8 pm)

Saturday, March 11 (10 am-12 noon)

CARES® Dementia Care for Families™

Module 3: Using the CARES® Approach

Week 3:

Wednesday, March 15 (6 pm-8 pm)

Saturday, March 18 (3 pm-5 pm)

Dr. Ramel A. Carlos

Week 4:

Wednesday, March 22 (6 pm-8 pm)

Saturday, March 25 (10 am-12 noon)

CARES® Dementia Care for Families™

Module 4: Keys to Success with CARES®

To attend one of our online support groups, please use the following Zoom links:

Wednesday Support Group:

<https://zoom.us/j/92072878067>

Saturday Support Group:

<https://zoom.us/j/91243370958>

Or Contact:

Dr. Iain Twaddle or Nikolas Gutierrez

(735-2883 / gwep.tgss@triton.uog.edu)

Rhoda Orallo (735-3277 / r.orallo@hspguam.com)