

# Support Group for Family Caregivers of Persons with Dementia

## OCTOBER 2023 SESSIONS

### CARES® Activities of Daily Living™ Training and Certification Program

Starting this October, G/M GWEP TGSS will be conducting the CARES® Activities of Daily Living™ Training and Certification Program featuring 10 modules:

- 1) Dementia and the CARES® Approach
- 2) Creating Meaning in Activities of Daily Living
- 3) Recognizing and Managing Pain
- 4) Bathing
- 5) Dressing
- 6) Eating
- 7) Grooming
- 8) Mouth Care
- 9) Using the Bathroom
- 10) Mobility, Transferring, and Positioning

#### Module 1: Dementia and the CARES® Approach

6 p.m.-8 p.m., Wednesday, Oct. 4  
10 a.m.-Noon, Saturday, Oct. 7

#### Module 2: Creating Meaning in Activities of Daily Living

6 p.m.-8 p.m., Wednesday, Oct. 18  
10 a.m.-Noon, Saturday, Oct. 21

### Health Services of the Pacific: A Community Resource

Wednesday, Oct. 11 (6 p.m.-8 p.m.)  
Saturday, Oct. 14 (10 a.m.-Noon)



**Rhoda G. Orallo, MSW**  
*Program Manager, Title III Programs*

### Legal Issues for the Elderly

Wednesday, Oct. 25 (6 p.m.-8 p.m.)  
Saturday, Oct. 28 (10 a.m.-Noon)



**Attorney Marcelene C. Santos**  
*Public Guardian*



**GUAM / MICRONESIA GERIATRICS WORKFORCE  
ENHANCEMENT PROGRAM**

TELEHEALTH GERIATRIC SUPPORT SERVICES

**Support Groups for Family Caregivers  
of Persons with Dementia**

**OCTOBER SCHEDULE**

**Week 1:**

**Wednesday, October 4 (6 pm-8 pm)**

**Saturday, October 7 (10 am-12 noon)**

CARES® Activities of Daily Living™

Module 1: Dementia and the CARES® Approach

**Week 2:**

**Wednesday, October 11 (6 pm-8 pm)**

**Saturday, October 14 (10 am-12 noon)**

Health Services of the Pacific: A Community Resource

Rhoda G. Orallo, MSW, Program Manager, Title III Programs

**Week 3:**

**Wednesday, October 18 (6 pm-8 pm)**

**Saturday, October 21 (10 am-12 noon)**

CARES® Activities of Daily Living™

Module 2: Creating Meaning in Activities of Daily Living

**Week 4:**

**Wednesday, October 25 (6 pm-8 pm)**

**Saturday, October 28 (10 am-12 noon)**

Legal Issues for the Elderly

Attorney Marcelene C. Santos, Public Guardian

To attend one of our online support groups, please use the following Zoom links:

**Wednesday Support Group:** <https://zoom.us/j/92072878067>

**Saturday Support Group:** <https://zoom.us/j/91243370958>

**For more information:**

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PROGRAM**