



PRESS RELEASE

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UOG hosts May workshops for Caregivers of Persons with Dementia

Online training will feature CARES® Dementia 5-Step Method™

The University of Guam's Guam/Micronesia Geriatrics Workforce Enhancement Program is offering an opportunity for caregivers of persons with dementia to participate in an online training and certification program called CARES® Dementia 5-Step Method™. This award-winning program will teach caregivers the fundamentals of providing person-centered dementia care including understanding how thinking skills are impacted by dementia, how changes in thinking impact behavior, and strategies for communicating with persons who have dementia.

The training program includes 4 modules: (1) Meet Clara Jones; (2) Introduction to Dementia; (3) Understanding Behavior as Communication; and (4) The CARES® Approach. Participants who complete all 4 modules will receive a certificate of completion and will be eligible for CARES Dementia Certification.

Upcoming modules in May:

Module 1: Meet Clara Jones

- 6 p.m. to 8 p.m., Wednesday, May 1, or
- 10 a.m. to noon, Saturday, May 4

No support groups scheduled for Wednesday, May 8 and Saturday, May 11 in preparation for G/M GWEP's Dementia Care Conference (May 11)

Module 2: Introduction to Dementia

- 6 p.m. to 8 p.m., Wednesday, May 15 or
- 10 a.m. to noon, Saturday, May 18

Module 3: Understanding Behavior as Communication

- 6 p.m. to 8 p.m., Wednesday, May 22, or
- 10 a.m. to noon, Saturday, May 25

Module 4: The CARES® Approach

- 6 p.m. to 8 p.m., Wednesday, May 29 or
- 10 a.m. to noon, Saturday, June 1

Participants can attend the Wednesday or Saturday sessions using the following Zoom links:

- Wednesday sessions: <https://zoom.us/j/92072878067>
- Saturday sessions: <https://zoom.us/j/91243370958>

Ongoing dementia support groups

These sessions are part of the ongoing online support groups for family caregivers of persons with dementia being conducted by the Guam/Micronesia Geriatrics Workforce Enhancement Program of the UOG School of Health. The support group sessions are held on Zoom on Wednesday evenings and Saturday mornings year-round. The sessions are free of charge to partners, family members, and other caregivers of persons with dementia who have ties to Guam and the Micronesian region.

For more information, contact:

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Attachment: May Workshop Flyer