

PY101 GENERAL PSYCHOLOGY

Course Format	Online Learning (OLL)
Semester	Fall 2024
Virtual Classroom Website	moodle.uog.edu
Enrollment Key	XXXXXXXXXX

Instructor Contact Information

Instructor	Marshaley J. Baquiano, PhD
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Office Phone	+1 (671) 735-2876
Office Hours	TTh 2:00 – 4:00 pm; F 12:00 – 2:00 pm
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Communication Plan

- Our **course site** is moodle.uog.edu. This site posts announcements and activity guides. You may also use the chat feature to communicate with me. I should be able to answer within 24 hours, except for extraordinary circumstances.
- All sessions are **asynchronous**. We do not meet in class. You can learn at your own pace within a certain time frame. You will be provided with learning materials, and you will complete and submit your assignments online. As part of our learning process, you will also contribute ideas through our discussion forums, participate in class activities, and work on your assignments.
- You can use **email** for consultations, feedback, and any course-related updates, if any. You may also send emails for questions or clarifications. I will do my best to respond to your email within 24 hours. Please do not wait until the evening before an assignment is due to contact me; I will likely not respond to questions or concerns until the next day.
- We also have the **PY101 Cafe**, our space for class conversations. You may post your questions or comments regarding the course here. You are welcome to ask questions and participate in any posted discussions.
- Please note my **office hours** stated above. You may see me in my office or schedule a Zoom meeting. This space allows you to seek additional assistance in finishing a required task.

University policy states that official communications will be sent using university-assigned (@gotriton or @triton) email addresses. University electronic mail and messaging are to be used to enhance and facilitate teaching, learning, scholarly research, support academic experiences, and facilitate the effective business and administrative processes of the University. (OIT policy manual, 3.10, p. 36).

Required Skills, Materials, and Other Resources

Online classes are different from traditional in-person classes. You would need certain skills, equipment, and internet access. I highly recommend that you use a desktop or laptop, as iPads, Android tablets, and smartphones may have compatibility issues. You can still use them to view the class's content. However, I recommend using a computer for class activities.

Required Computer Software

1. Free Internet Browser: **Mozilla Firefox**: <https://www.mozilla.org/en-US/firefox/new/>
2. Free .pdf File Reader: **Adobe Acrobat Reader DC**: <https://acrobat.adobe.com/us/en/products/pdf-reader.html>
3. Media Player

You may also contact the UOG Computer Center to inquire about Office365. It may be included with your official GoTritons account.

Remember to follow the class's set schedule, follow instructions, and keep track of deadlines. It will be helpful if you have good time management skills. This class is not self-paced, so you will need to set aside about 6–10 hours per week to read our learning materials and complete your assignments. ***Do not put off doing your homework until the last minute.***

For Technical Assistance with MOODLE

Email Address (24 hours): moodlehelp@triton.uog.edu

Telephone # (Monday-Friday, 8:00am-5:00pm, G.S.T.): (671) 735-2620/21

Course Description

This course will provide an introduction to the fundamental principles of psychology, research methods, and important discoveries from its subfields. It will cover topics such as the biological underpinnings of behavior, sensation and perception, consciousness and altered states, learning, human memory, problem-solving, motivation and emotion, development throughout the lifespan, personality, stress and coping, psychological disorders, psychotherapy, and social behavior.

Prerequisites

No Prerequisite

Credits

3 credit hours.

Student Learning Outcomes (SLOs)

Students who successfully complete this course will demonstrate the following abilities. These objectives reflect both national and UOG standards: aligning with learning outcomes endorsed by the Psychology Program (PY-1 through -10) and by the University (UOG 1-7; cf. 2018-19 Undergraduate Catalog, pp. 15-16), as indicated.

- SLO 1 to identify and describe the major areas of specialization in psychology and their applications (PY 1, PY 3, PY 4; UOG 6);
- SLO 2 to identify and describe a minimum of three key findings from research in each of psychology's areas of specialization (PY 1; UOG 6);
- SLO 3 to contrast different methodological approaches to behavioral research, and describe advantages of using scientific research to answer questions about behavior (PY 2, PY 3; UOG 1, UOG 3);
- SLO 4 to identify and describe ethical issues attending research and applied work in psychology (PY 5; UOG-5);
- SLO 5 to identify appropriate sources for additional reading on questions concerning human behavior, and contrast appropriate sources with unreliable sources (PY 3; UOG 1);
- SLO 6 to identify and avoid common but serious errors in evaluating evidence (PY 3; UOG 1);
- SLO 7 to identify multiple contributors to behaviors that many people wrongly believe are easily explained (PY 3; UOG 1);
- SLO 8 to identify and articulate important applications of psychological principles that can help address individual and societal needs, for various areas of specialization in psychology (PY 4; UOG 5);
- SLO 9 to identify career opportunities for Bachelor of Arts and post-baccalaureate degree holders in Psychology (PY 10; UOG 7); and
- SLO 10 to identify important ways in which behavior is shaped by one's cultural heritage (PY 8, UOG 4).

These outcomes reflect both national and UOG standards: aligning with learning outcomes adopted by the Psychology Program (PY-1 through -10) and by the University (UOG Institutional Learning Outcomes 1-7; cf. Undergraduate Catalog), as indicated on the next page.

Psychology Program Learning Outcomes

PY-1 Knowledge base in psychology

PY-2 Research Methods

PY-3 Critical thinking skills in psychology

PY-4 Applications of psychology

PY-5 Values in psychology

PY-6 Info /Technological literacy

PY-7 Communication skills

PY-8 Sociocultural and int'l. awareness

PY-9 Personal development skills

PY-10 Career planning and development

Student Learning Outcomes Alignment Matrix

Course Student Learning Outcomes	Program Learning Outcomes	Institutional Learning Outcomes
SLO 1	PY 1, PY 2, PY 3, PY 4	UOG 6
SLO 2	PY-1	UOG 6
SLO 3	PY 2, PY 3	UOG 1; UOG 3
SLO 4	PY 5	UOG 5
SLO 5	PY 3	UOG 1
SLO 6	PY 3	UOG 1
SLO 7	PY 3	UOG 1
SLO 8	PY 4	UOG 5
SLO 9	PY 10	UOG 7
SLO 10	PY 8	UOG 4

Successful completion of PY101 is required before enrolling in any psychology courses at the 200, 300, or 400 levels. Each of these upper-level psychology courses addresses in more detail one of the subjects listed above.

Course Requirements

Quizzes and Examinations. There will be five quizzes in this class, all of which consist of multiple-choice items, and there are three examinations, which contain both multiple-choice and essay questions. The final examination (the third exam) covers **ALL** of the topics discussed in class. We will conduct it during the final week of the semester. As a summative type of assessment, both the quizzes and the examinations endeavor to evaluate what you have or have not learned in class.

Activities and Assignments. This class will have four assignments, most of which are outputs of the class activities. For example, after watching a movie, you shall submit a 300-word reflection essay on it. The assignments and activities hope to build on your critical thinking skills.

Class Participation. This course requirement engages you in discussions with your classmates and teacher about the course's content throughout the semester. For PY101, we conduct asynchronous class discussions online via the discussion forum on the Moodle site (<https://moodle.uog.edu>). Here, you are required to participate at least twice: (1) to post your answer to the discussion question(s), and (2) to comment on a post by one of your classmates. I will be giving you discussion questions to serve as your guide. Your answer may reflect your analysis, insight, and/or reflection on the topic.

Late Submissions

Late submissions will have a 10%-point reduction. Assignments that are more than 7 days late will not receive credit.

Grade Categories and Percentages

Quizzes and Assignments	40%
Long Examinations	25%
Final Examination	20%
Class Participation	15%

Grading System

98 to 100	A+	80 to 82	B-
93 to 97	A	77 to 79	C+
90 to 92	A-	70 to 76	C
87 to 89	B+	60 to 69	D
83 to 86	B	below 60	F

Main Text

Weiten, W. (2022). *Psychology: Themes and Variations* (11th Ed.). Cengage Learning.

Additional Texts

Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469-480.

Baquiano, M. J. (2019). Intergroup Positioning in Peace Negotiations: The Bangsamoro Peace Talks in the Philippines. *Peace and Conflict: Journal of Peace Psychology*. 25(3), 234-245.
<http://dx.doi.org/10.1037/pac0000360>.

Additional Texts (continued)

- Baquiano, M. J. (2022, March 17). Unpacking peace and order in Mindanao, Philippines using a peace psychology framework. *Peace and Conflict: Journal of Peace Psychology*. Advance online publication. <http://dx.doi.org/10.1037/pac0000607>
- Christie, D. (2006). What is peace psychology the psychology of? *Journal of Social Issues*, 62(1), 1-17.
- Hershey, D., Jacobs-Lawson, J., & Wilson, T. (2006). Research as a script. In F. Leong, & J. Austin The psychology research handbook: A guide for graduate students and research assistants (pp. 3-22). SAGE Publications, Inc., <https://www.doi.org/10.4135/9781412976626.n1>
- Schacter, D. L. (2022). The seven sins of memory: An update. *Memory*, 30(1), 37-42. doi: <https://doi.org/10.1080/09658211.2021.1873391>

Statement on Plagiarism

When you turn in assignments or papers in this course, you are representing the work as your own. As such you should always cite the sources of your information to avoid plagiarism or the attempt to deliberately mislead your readers by passing another person's ideas as your own. Plagiarism includes but is not limited to, the use of more than four words from a source without quoting the source and paraphrasing another person's work or using materials prepared by another person or agency without full acknowledgment of the owner or original source of the information. A plagiarized submission will result to a grade of "F" in this course.

Accommodations for Students with Disability

For individuals covered under the ADA (Americans with Disabilities Act), if you are a student with a disability requiring academic accommodation(s), please contact the Disability Support Services Office to discuss your confidential request. A Faculty Notification letter from the Disability Support Services counselor will be provided to me. To register for academic accommodations, please contact or visit Sallie S. Sablan, DSS counselor in the School of Education, office 110, disabilitysupport@triton.uog.edu or telephone/TDD 671-735-2460.

Student Evaluation of Faculty

Faculty evaluations at the end of the semester will be conducted within CollegeNet. Your participation in this activity is essential and appreciated. Rest assured that your responses are anonymous and cannot be traced back to you. Just log in using your WebAdvisor credentials to answer the evaluation. Any login issues may be referred to OIT staff at 735-2630/40.

Some Classroom Policies

The points you earn from the quizzes, assignments, examinations, class participation, and attendance will determine your grade in this course. The passing rate is 60%. *The grade does not assess your worth as a person; rather, it reflects your academic performance in the course.*

Take an active role in this learning journey. Please study the assigned materials and follow specific guidelines for the different aspects of the course to facilitate the teaching-learning process. I strongly encourage you to ask questions and initiate discussions during forums, as class participation is crucial to your learning.

You are expected to treat everyone in the class and on the course site with. Also, please be mindful of time, follow the course schedule, and complete the requirements on time.

If you are unable to take any of the scheduled examinations or quizzes, please contact me **before** the exam or quiz is administered. Make-up will only be based on **legitimate excuses** with prior notification or written medical excuses.

Reach out when you need help.

Always bear in mind ACADEMIC INTEGRITY. Please be responsible and accountable for the full citations of other people's ideas in your papers. Make sure that you submit your own work (not the work of another author, especially(!) an AI).

Course Outline and Study Schedule

Topic	Activity, Assessment, Schedule	Learning Resource
Welcome and Introduction	<ul style="list-style-type: none"> • Week 1 • PY101: An overview 	PY101 syllabus
Understanding the Science of Psychology	<ul style="list-style-type: none"> • Week 2-3 • Please study our resource materials • Quiz 1 (August 30, 2024) 	<ul style="list-style-type: none"> • Chapters 1 & 2 (Weiten, 2022) • journal article: Hershey, et al., 2006 • video clip (lecturette)
Development Across the Lifespan	<ul style="list-style-type: none"> • Week 4 • Please study our resource materials • Quiz 2 (September 6, 2024) • class forum/discussion via our course site (<i>see activity guide for discussion question</i>) <ul style="list-style-type: none"> • last day of posting: September 6, 2024, 6:00pm) 	<ul style="list-style-type: none"> • Chapter 10 (Weiten, 2022) • journal article: Arnett, 2000 • video clips <ul style="list-style-type: none"> • Cognitive Development (Piaget) • Emerging Adulthood (Arnett)
Biological Bases of Behavior	<ul style="list-style-type: none"> • Week 5-6 • Please study our resource materials • Assignment 1: brain travel guide <ul style="list-style-type: none"> • due: September 20, 2024, 6:00pm 	<ul style="list-style-type: none"> • Chapter 3 (Weiten, 2022) • video clip (lecturette)
Sensation and Perception	<ul style="list-style-type: none"> • Week 7 • Please study our resource materials • Activity 1: watch movie (At First Sight) • Assignment 2: reflection essay <ul style="list-style-type: none"> • due: September 27, 2024, 6:00pm 	<ul style="list-style-type: none"> • Chapter 4 (Weiten, 2022) • video clips (lecturette) • movie: At First Sight
<i>FIRST LONG EXAMINATION October 2, 2024 (week 8)</i>		
Altered States of Consciousness	<ul style="list-style-type: none"> • Week 8 & 10 • Please study our resource materials • Activity 2: sleep journal • Assignment 3: reflection essay <ul style="list-style-type: none"> • due: October 18, 2024, 6:00pm 	<ul style="list-style-type: none"> • Chapter 5 (Weiten, 2022) • video clips (lecturette)
<i>SPRING 2022 BREAK October 7-12, 2024 (week 9)</i>		

table continues

Course Outline and Study Schedule *(continued)*

Topic	Activity, Assessment, Schedule	Learning Resource
Learning, Memory, and Cognition	<ul style="list-style-type: none"> • Week 11-12 • Please study our resource materials • Assignment 4: Mnemonic Device <ul style="list-style-type: none"> • due: November 1, 2024, 6:00pm 	<ul style="list-style-type: none"> • Chapters 6, 7, & 8 (Weiten, 2022) • journal article: Schacter, 2022 • video clips <ul style="list-style-type: none"> • Little Albert • lecturettes
Motivation and Emotion	<ul style="list-style-type: none"> • Week 13 • Please study our resource materials • Quiz 3 (November 8, 2024) 	<ul style="list-style-type: none"> • Chapter 9 (Weiten, 2016) • video clips (lecturettes)
<p><i>SECOND LONG EXAMINATION</i> <i>November 13, 2024 (week 14)</i></p>		
Introduction to Theories of Personality	<ul style="list-style-type: none"> • Week 14-15 • Please study our resource materials • Activity 3: Personality Test <ul style="list-style-type: none"> • due: November 22, 2024, 6:00 pm • class forum/discussion via our course site <i>(see activity guide for discussion question)</i> • last day of posting: November 22, 2024, 6:00pm 	<ul style="list-style-type: none"> • Chapter 11 (Weiten, 2022) • Big Five Personality Test • video clips (lecturette)
Mental Health	<ul style="list-style-type: none"> • Week 16 • Please study our resource materials • Quiz 4 (December 2, 2024) 	<ul style="list-style-type: none"> • Chapter 13, 14, & 15 (Weiten, 2022)
A Look Peace Psychology	<ul style="list-style-type: none"> • Week 17 • Please study our resource materials • Quiz 5 (December 6, 2024) 	<ul style="list-style-type: none"> • journal articles <ul style="list-style-type: none"> • Christie, 2006 • Baquiano, 2019 • Baquiano, 2022
<p><i>FINAL EXAMINATION</i> <i>December 12, 2024 (Week 18)</i></p>		

** If quiz dates or assignment due dates change, I will notify you in advance.*

**** PLEASE CONTINUE TO REFER TO THIS SYLLABUS FOR THE ENTIRE SEMESTER.***